

Welcome to Japan

日本へ ようこそ

Experience Japan by tasting its favorite dishes and learn how to make them. Japanese dishes can be classified into three categories: Washoku- dishes originated in Japan; Yoshoku – dishes with western influence; Chuka – dishes with Chinese influence. Each dish has its own origin which is closely related to Japanese history, politics and economy. Some can be traced back to more than two thousand years!



Wondering about Japanese traditions, philosophy and the love of nature? Then participate in the Japanese Tea Ceremony. Authentic full blown procedures of simple preparation and receiving tea may lead you to self-discovery.



There are many festivals and celebrations in Japan that have been continuing for several hundred years. The Boy's Festival is one of them, and this semester, this special festival will be featured, introducing its preparation, activities, Kimono and special sweets.

The Kimono is a mystery to many. Is it worn in 12 layers, 3 layers or 1 layer? Is it made of silk or cotton? There are particular types of Kimono worn for different occasions. You will learn how to dress yourself in a kimono, and wear authentic footwear: zori or getta (if the size fits)



Lastly, learning the Japanese language gives you an insight of how the people of Japan communicate with one another. Did you know delivery of the same message is presented differently based on whom you are talking to?

I've prepared many classes covering many of the different aspects of the Japanese culture that I grew up in. I'm looking forward to seeing you in many of my classes.

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