

Low Vision Adaptations

2 Week Class Series

Explore the use of lighting, contrast, protective eyewear (sun filters), and adaptive aids that will assist in enhancing your vision.

Low Vision services include training to use optical and electronic devices correctly, training to help you use your remaining vision more effectively, improving lighting and enhancing contrast in your home environment, and learning about other helpful resources in the community and state.



Week One:

Introduction to Low Vision, Contrast, Lighting & "Tips and Tricks" for Enhancing your Usable Vision.

Overview of Course
What is Low Vision?
Low Vision Evaluation
Enhancing Ability to See
Low Vision Contrast
Lighting
Glare
Protective Eyewear (Sun filters)

Week Two:

Exploring Magnification, Optical Devices & Recreation and Leisure opportunities with Low Vision.

Use of Optical Devices (Handheld Magnifiers, CCTVs & Handheld Digital Magnifiers)
Specific Types of Light Quality of Light
What is Relative Magnification?
Recreation and Leisure for Low Vision (Games & Hobbies)

Master the
Possibilities 

Leading in Lifelong Learning

Register online 24/7 at www.masterthepossibilities.org or call (352) 861-9751.