

MIND IN MOTION PROGRAM CALENDAR JULY-DECEMBER 2024

JULY 26 "Hospitalization with Parkinson's Disease " Dr Ariane Carpentier, MD UF Health Fixel Institute of Neurological Diseases
AUGUST 23 "Exercise is Medicine: Start leading a more active life TODAY! Marji Bugausan, DPT Owner/ PT Habit Project Physical and Occupational Therapy
SEPTEMBER 27 "What to expect during your short term rehab stay " Athenea Acosta, Encompass Health
OCTOBER 25 "Movement for the Mind" Art Stalbow, Tai Chi and Qi Gong instructor in communities in Ocala, as well as online via Zoom.
NOVEMBER 22 "Bending the Aging Curve/The Magic of Exercise " Sue Lassiter, Parkinson's Disease Fitness Specialist
DECEMBER NO MEETING



Hospitalization
Issues in
Parkinson's
Disease

